SWU Incoming Exchange Student Information Sheet 昭和女 Academic Year 2025-2026



1. Academic Calendar (Dates in black are tentative)

| | Fall Semester 2025 | Spring Semester 2026 |
|---------------------------------------|--|---|
| Nomination Deadline | May 15, 2025 | November 15, 2025 |
| Application Deadline | May 25, 2025 | November 25, 2025 |
| Designated Arrival Date | Around September 10th | Around March 25th |
| Orientation Dates | Middle to end of September | End of March to Early April |
| Classes Start | October 1 | Around April 10 |
| Classes End | Around February 5 | July 31 |
| Optional Internship Program Period | Early February ~ February 20 | August 1~ Mid-August |
| Vacation During Semester | Winter Vacation: Around December 25~January 5 Spring Vacation: Around February 11~March 31 | Summer Vacation: August 1~September 30 |
| Transcript Issue | End of February | End of August |

^{*}The semester schedule is subject to change without notice.

2. Exchange Program Information

There are 2 programs to choose from, depending on the applicant's Japanese language proficiency. *Students are allowed to take the same program for 2 consecutive semesters.

| Academic Program (Advanced Level Japanese) | |
|--|--|
| Language requirement | N2 level on the Japanese-Language Proficiency Test(JPT525 level, J-CAT250 level, or JLCAT B1 level) or Above *When applying, Students should submit the JLPT certificate or other documents showing equivalent proficiency. |
| Courses / Credits | -Students choose from a list of courses open to international students. (Japanese language and liberal arts courses *list of courses can be found on this website). -Students should take at least 7 courses to maintain their visa status. -Students can take up to 10 courses. -Language courses are worth 1 credit, and liberal arts courses are worth 2 credits per course (most of the courses are 90 min. classes once a week) -Students register for classes during the orientation period. -Course syllabus search website (in Japanese) https://up.swu.ac.jp/uprx/ *Not all courses are open to international students. |

^{*}Part of the orientation could be held online before arrival.

| Intensive Japanese Language Program (Intermediate Level Japanese) | |
|---|--|
| Language requirement | Must have studied basic Japanese (JLPT N3 level, or CEFR A2 level, or JPT430 level or J-CAT200 level recommended) before arrival. |
| Courses / Credits | -The program offers 7 Japanese language courses excluding Internship Program, worth a total of 7 credits, specially designed for non-degree students. Depending on the placement test result, students will be advised to take all or part of the courses. (*Course details are on the program website) -Students should take at least 7 courses to maintain their student visa statusStudents may also take liberal arts courses (Taught in English or in Japanese *depending on students' Japanese level) open to non-degree students within the course registration limit of 10 courses (including Japanese language courses)Language courses are worth 1 credit per class, and liberal arts courses are worth 2 credits. (most of the courses are 90 min. classes once a week) -Students register for classes during the orientation periodStudents with sufficient Japanese proficiency by the end of the Intensive Japanese Language Program are eligible to register for the "SWU Academic Program" in the following semester. |
| Program Fee | JPY 300,000 /Semester Exchange students: Program fee will be waived Non-exchange students from Partner Institutions: JPY 150,000/Semester (50% discount) |

3. ONLINE Japanese Language Program

SWU provides an online program for international students from July to August. This program is aimed at students who have completed the introductory level of Japanese. It targets students who cannot participate in an actual study abroad or those who want to improve their Japanese language skills before studying abroad in Japan.

*If the program fee waiver for this program is not included in the student exchange agreement at your university, it could be negotiated. Please contact SWU inbound team for details.

| Online Japanese Language Program (4-week program) | | |
|---|---|--|
| Program Outline and Language Requirement | A new short-term ONLINE language program for those who want to enhance their Japanese proficiency without traveling to Japan. This program also helps those who plan to join the semester program(Intensive Japanese Language Program) at SWU to get ready for their academic life in Japan before an actual study abroad. Must have completed introductory-level Japanese. eg) Completed 250-300 hours of Japanese language study / Finished studying with the following textbooks: "Minna no Nihongo I & II", "GENKI: An Integrated Course in Elementary Japanese I & II" | |
| Courses / Credits /Fee | -12 class sessions (120 minutes per session) -Class Time: 4~6 PM (Japan Standard Time) -1 credit (=1.5 ECTS) | |

-40,000 JPY
Students from Partner Institutions: 20,000 JPY (50% discount)

ピョートルコフスカ通り
・ヨーロッパで最も長いしょうてんがいの
・ボルノシチ広場 (独立広場)
・タデウシュ・コシチュシュコのどうぞう

Program Feature

This online program is designed to be active and practical. Each class focuses on a specific topic to acquire new Japanese vocabulary and expressions. It also invites SWU supporter students to join the class as conversation partners and audience for presentation sessions. Those who have achieved close to the JLPT N3 upon completing this program and are interested in an actual semester study abroad are eligible.

program and are interested in an actual semester study abroad are eligible for our "Intensive Japanese Language Program." *Students must undergo a separate application for the semester program stated in [7. Application Procedure].

Program Website

Please refer to the program website for more details.

4. Events and Supports

Optional Internship Program

After completing the semester courses, students can participate in a short internship program. This on-site experiential learning opportunity enables students to be exposed to Japanese corporate culture, practice "Keigo" (honorific speech), and learn business manners.

Ex) Internship sites for 2024. *Internship sites differ by semester.

- Tobu Railway Co,Ltd. (Transportation, tourism service company)
- JTB Corp. (Tourism company)
- INTAGE Inc. (Marketing research company)
- Wise-Infinity Inc. (Translation, Visual-Editing company)
- Smile Hotel (Hotel company)
- KRH & COMPANY, LIMITED (Construction tool company)
- Bunkyo Yushima Nursing Home (Welfare service)





(NEW!) Optional Extracurricular Activities

During their study abroad period, students will have the opportunity to learn about "Women's Empowerment" in Japanese society through extracurricular project activities in collaboration with the <u>Crossing Setagaya</u> and Japanese students in SWU. This project study will be carried out alongside the students' regular semester classes.

Example of Extracurricular Activities (Planned):

- Plan and manage a cross-cultural workshop with Japanese students for the "Setagaya International Messe" in November. Research the status of existing

events and visitors' needs, and plan and implement an attractive workshop at the Messe!

More details: Setagaya International Messe

- Plan and manage a 1-day workshop for elementary school students with Japanese students during the summer break (July). Conduct a needs survey and promote the workshop to neighboring schools to recruit participating children. Create an exciting opportunity for elementary school students to learn about different cultures.

Seasonal Events

SWU offers events planned by a student group called "CHAWA" almost every month. Students can visit sites at a discount and experience Japanese culture and customs.

Event examples

- International Students Welcome Party
- Asakusa Trip
- Kamakura Trip
- Fireworks
- School Festival
- Christmas Market Visit







Activity reports are available on our website news page (uses AI translation)

Host Sister

Each international student studying at SWU for over a semester is assigned a "Host Sister." A Host Sister is a student volunteer that helps international students' school life. Host Sister will support students upon arrival, including assisting with necessary registration procedures at the local ward offices, opening a bank account, etc.







Host Family

For students who wish, we match them with a "Host Family." A Host Family will allow students to experience the typical lifestyle of a modern Japanese family. Students will enjoy spending quality time together. Host Family will welcome each student to their home and occasionally go out on weekends.





Language Exchange and Conversation Partners For students who wish to improve their Japanese, SWU offers a one-on-one language exchange and/or conversation partner, depending on the students' needs. Japanese students who volunteer to be language exchange and/or conversation partners will help students with typical Japanese phrases useful in everyday life.

5. Accommodation Information

There are 2 types of housing choices. The below accommodation offering details are as of March 2025. (May change for 2025 fall semester)

| | Flora Court Setagaya | Campus Village Chitose-Karasuyama |
|-----------------|---|--|
| Access | Approx. 45 minutes by train and on foot | Approx. 45 minutes by train and on foot |
| | 4 minutes walk from Chitose-Karasuyama Station *Round trip fare to the university: 600 yen | 4 minutes walk from Chitose-Karasuyama Station *Round trip fare to the university: 600 yen |
| Туре | Single apartment-style room | Single apartment-style room (Shared kitchen) |
| Facility | <exclusive facilities=""> Air conditioner, bed, desk, chair, closet, IH stove, unit bath, washing machine, refrigerator, microwave oven, internet</exclusive> | <exclusive facilities=""> Air conditioner, bed, desk, chair, closet, separate toilet, bathroom sink, washing machine, refrigerator, internet</exclusive> |
| | <pre><shared facilities=""> Piano room (soundproof room), conference room, study room, delivery locker</shared></pre> | <pre><shared facilities=""> Cafeteria, shared kitchen, study room, dance room, delivery locker</shared></pre> |
| Features | -Female students only -Convenience store on the 1st floor -Built in February 1982 (renovated in 2005) | -Breakfast and dinner provided (25,300 yen/month *Need to apply separately) -Built in January 2023, opened in March 2023 |
| Leaflet | Flora Court Setagaya | Campus Village Chitose-Karasuyama |
| Monthly Rent | 64,500JPY/ person (Type B) 60,000JPY/ person (Type C) | 68,000JPY/ person <move-in></move-in> |
| | <pre><move-in> Rent is prorated by the number of days for the month of moving in.</move-in></pre> | Rent is prorated by the number of days for the month of moving in. |
| | <move-out> Depending on the timing of leaving, the</move-out> | <pre><move-out> Depending on the timing of leaving, the dormitory fee differs at the beginning,</move-out></pre> |

| | dormitory fee differs at the beginning, middle, and end of the month. You must declare your leaving by the 15th of the prior month. | middle, and end of the month. You must declare your leaving by the 15th of the prior month. |
|---|---|---|
| Tenant's Lease Liability Insurance | <premium> Approximately 3,500 yen per semester Residents of Campus Village Chitose Karasuyama and Flora Court Setagaya must pay a premium for insurance covering the damage to the rented room.</premium> | |

NOTE

6. Scholarship

The Hirao Scholarship Program

The Hirao Scholarship Program was established through a donation from Mr. Koji Hirao, a previous faculty member of SWU who served as its fourth Chancellor. The program aims to provide financial assistance to international students from **the Southeast Asia region** who wish to study at SWU.

| Application Information (Japanese and English) | https://www.swu.ac.jp/examinee/prospective/semester/procedure.html#hiraoscholarship1 | |
|--|---|--|
| Application Form | https://www.swu.ac.jp/albums/abm.php?d=938&f=abm00021595 .pdf&n=2_The-Hirao-Scholarship-Program-Application-Form.pdf Must be submitted with the rest of the program application documents. | |
| Deadline | For the fall semester program: May 25th For the spring semester program: November 25 th | |

7. Application Procedure

Semester Program application will be made through a Web Application System that receives students' application material online. We kindly ask you to follow the procedure and deadline for applying for our semester program.

1. Nominated by Home Institution:

Please be nominated by a home institution. Using the designated nomination list (excel format) is required.

*Nomination list can be downloaded from here:

https://www.swu.ac.jp/en/examinee/prospective/semester/procedure.html#c

2. Receive Invitation for SpeedVisa (Students only):

Nominated students will receive an invitation email from the SpeedVisa Support Team to join SpeedVisa (wecare@s.s-visa.com). Push the [Accept the Invitation] button for authentication. *The link button expires in 10 days.

3. Submit Online Application:

Students should input the necessary information and upload mandatory documents for the application.

Though the final application deadline is May 25th / November 25th, **we strongly advise the students to finish their initial input by May 20th / November 20th,** so there will be enough time for SWU to review and ask for any revision or addition, if necessary, before the deadline.

^{*} The accommodation placement may not be your first choice due to the limited number of rooms available for each accommodation.

List of documents and data to be uploaded are:

- a) Transcript of Home Institution in English
- b) Certificate of Enrollment (Student Registration) in English
- c) Letter of Recommendation from Home Institution in English or Japanese (free format)
- d) ID photo data: ratio:4×3 / pixel:354×472 (300dpi) / format: jpg or jpeg
- *The photo data will be used for COE application and student ID
- *The photo should be taken facing forward with a plain background with no shadows
- e) Passport copy
- f) Hirao Scholarship Program Application Form *only for those applicable/designated format
- g) JLPT score copy *only for those who have them

In addition to the above, "Personal Information and Consent Form" will be sent from SWU to the nominated students.

4. Join a Zoom interview session:

Students who applied for the <u>Intensive Japanese Language Program without an N3 certificate</u> may be asked to take part in a Zoom interview session to have their Japanese level checked.

5. Receive official acceptance:

Once SWU has officially approved the application, students will receive a notice via email.

8. VISA Application and Resident Registration

These are the essential procedures students are required to carry out before and after arriving in lapan.

| japan. | |
|---------------------|---|
| Visa Application | After SWU officially accepts the student application for the selected program, SWU will apply for the Certificate of Eligibility (CoE). |
| *Mandatory | Once the CoE is issued, SWU will send the students the PDF data of the Letter of Acceptance (LOA) and COE (email). Once they receive these documents, they should apply for their visa at their home country's nearest Japanese Embassy or Consulate. |
| Docidonco | |

Residence Card & National Health Insurance

Students who enter Japan with their student visa will receive a "Residence Card." This card notes students' visa status, stay period, and other residency information. Within 2 weeks after arrival, students must complete residency registration procedures at the local ward office and become a member of the "National Health Insurance."

*Mandatory

Students must always carry their Residence Card during their stay in Japan. The National Health Insurance will be valid throughout the student's stay in Japan. Students pay only 30% of the medical fee (except for some services and special operations) by paying the monthly insurance premium.

Part-Time Work Permission

To start a part-time job, international students must apply for work permission *Shikakugai Katsudo Kyoka* ("Application for Permission to Engage in Activity Other Than That Permitted Under the Status of Residence Previously Granted"). This can be done at the airport when entering Japan, and those who plan to work part-time are strongly recommended to apply for permission at the airport.

This can be done at the airport when entering Japan, and those who plan to work part-time are strongly recommended to apply for permission at the airport. Otherwise, students have to go to the Immigration Bureau later. No fee is charged for the work permit.

<NOTE>

-International students can only work up to 28 hours per week when the University is in seeing, and up to 8 hours (also up to 40 hours per week) a day during school vacations.

-Work in the adult and gambling business is strictly prohibited.

9. Contact Information

| Center for International Exchange (CIE) | Website for International Students |
|---|--|
| Program Coordinator | https://www.swu.ac.jp/en/examinee/prospective/semester/overview.html |
| Natsuki Ishizuka (Ms.) / Moeko Oshiro (Ms.) | |
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