

LE MOYNE COLLEGE

Exchange Student Welcome Packet



LEARN ABOUT
LIFE AT LE
MOYNE!

WELCOME TO THE HEIGHTS!

FROM THE OFFICE OF GLOBAL EDUCATION

Welcome to Le Moyne College! We are thrilled that you are considering spending your semester abroad on our campus and look forward to welcoming you to Syracuse, New York.

Should you have any questions about the exchange program, please contact:

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LE MOYNE COLLEGE

Founded by the Society of Jesus in 1946, Le Moyne is the youngest of the 27 Jesuit colleges and universities in the United States, and the first to open as a coeducational institution. Today, approximately 2,800 undergraduate students and 600 graduate students are enrolled in Le Moyne. More than 700 courses are offered, leading to Bachelor of Arts or Bachelor of Science degrees in more than 30 different majors, or Master's degrees in nursing, business administration, physician assistant studies, information systems, education, occupational therapy and arts administration.

I think the most important thing is to be open minded in every regard. From trying new food to living with strangers and taking new classes you never know which parts are going to be your favourite or are going to give you a great story to tell everyone when you're home! It is also so important to put yourself out there whether that be with your roommates, neighbours, classmates or professors. .

Le Moyne's 160-acre, tree-lined campus is located in a residential setting 10 minutes from downtown Syracuse, the heart of New York state. Our 48 buildings include a variety of student residential housing, several academic and administrative buildings, a stand-alone chapel, library and performing arts center. The Campus Center features the LaCasse Dining Center and the Campus Pub, while the Dolphin Den (located on the first floor of Grewen Hall) is a popular gathering spot, as is the Le Moyne Plaza. The lower part of campus features the Recreation Center, the Henninger Athletic Center, a multi-use turf field, and baseball and softball diamonds.



APPLICATION

Only students nominated by their home institution can apply to be exchange students at Le Moyne. Once the nomination is accepted, students will be sent the application package. It should be completed and returned to the Office of Global Education at globaleducation@lemoyne.edu by the following dates:

- Fall Semester applications due by April 1st
- Spring Semester applications due by November 1st

Application materials include:

- Completed application
- Course preference selection
- Certificate of Finances
- Proof of English fluency
- Personal Statement
- Reference letter
- Scan of passport

ACADEMIC CALANDER

The academic calendar is divided into two semesters.

Specific dates may vary from year to year. [A current academic calendar is available](#) on the website for the Office of the Registrar.

Students are expected to arrive prior to the semester in time for orientation. However, campus housing opens on specific dates before the semester begins. Students will be contacted about expected arrival and orientation dates after their application has been approved.



Fall Semester:
Start - late August
End - mid to December

Spring Semester
Start - mid January
End - mid May



VISAS, IMMIGRATION, AND ARRIVAL

VISAS

Once international students have been accepted to Le Moyne College, they will be issued a Certificate of Eligibility (I-20) Form. Following receipt of the I-20, students will need to pay their I-901 SEVIS fee and then apply for an F-1 visa from the U.S. Department of State. While the Office of Global Education provides guidance to international students throughout this process and during their time at Le Moyne, students should also familiarize themselves with the requirements of F-1 nonimmigrants.

A good resource in this regard is [Study in the States](#) and [Travel.State.Gov](#) provides information about the visa application process and fees. Upon arrival on campus, the Office of Global Education will include information about F-1 student responsibilities in orientation materials.



TRAVEL

Le Moyne College is located in the City of Syracuse in the Central New York region of the state. Entry points to the United States will depend upon individual student travel plans, but students should expect to enter the United States via another airport and then travel onward to Syracuse.

Most students will travel arrive in Syracuse, NY by plane at Hancock Regional Airport. The airport is approximately a 20-minute drive from campus. The Office of Global Education can provide transportation to campus upon students' arrival and will request arrival and airport pick-up information from students near their arrival date. The Regional Transportation Center connects Syracuse by rail to destinations in the Northeast of the United States. Depending on routes, it takes five to seven hours to travel to Syracuse from New York City by train. Students arriving in Syracuse by rail, can request pick-up from the Office of Global Education.



ORIENTATION

All international students are required to participate in an orientation upon arrival. This is an opportunity to learn more about student immigration responsibilities as well as an introduction to campus. Events will vary from semester to semester. Information about orientation dates and formats will be available closer to the start of each semester. Additional activities will be scheduled through the semester to provide students with an opportunity to learn more about the Syracuse area and engage with other students on campus.



ACADEMIC INFORMATION

COURSE OFFERINGS

Le Moyne College offers a wide variety of academic paths. Divided into the College of Arts & Sciences, the Madden School of Business, and the Purcell School of Professional Studies, students at Le Moyne are able to explore their academic and professional interests and exchange students are eligible to enroll in most courses, as long as they meet prerequisite requirements.



COURSE REGISTRATION

Most courses at Le Moyne College are 3 credits. Students must register for at least 12 credits to maintain full-time status. Students will be able to request courses during the application process and the Office of Global Education will do our best to enroll students in their priority selections. This is not always possible due to prerequisites, time schedules, and enrollment caps. Therefore, we encourage students to request additional courses as back-up options. All exchange students should consult with their home institution academic advisor about their course selection.

Students do have the ability to make course schedule adjustments during the first week of the semester. Any changes are completed by the Office of Global Education and are subject to prerequisite, schedule, and enrollment constraints.

COURSE EXPECTATIONS AND GRADING

Courses at Le Moyne may take a variety of formats from lectures, to discussion-based, to lab work. Students are assessed using a variety of measures, including term papers, quizzes, exams, and participation in class discussions. Faculty hold office hours and are available to meet with students who have questions about course content or specific assignments.

Class participation is often a significant portion of a student's grade, and students are expected to attend all classes and stay up-to-date with readings and assignments. All students are expected to respect academic integrity.

TRANSCRIPTS

Exchange students will be issued a transcript at the conclusion of the semester. Upon arrival, students will be asked to create an account with Le Moyne's transcript provider and to provide the name and contact information for the person who will receive the transcript at their home institution. This is often the study abroad, academic, or registrar's office. Transcripts will be automatically sent once final grades are determined.

Grading Scale	
A	4.000
A-	3.667
B+	3.333
B	3.000
B-	2.667
C+	2.333
C	2.000
C-	1.667
D	1.000
F	0.000



LIFE ON CAMPUS

ACCOMMODATION

Le Moyne College is a residential college, meaning that most students live in campus housing for the entirety of their undergraduate experience. Residence Advisors and professional staff live in the campus residential space and provide 24/7 support to students. Students have the option of living in traditional residence halls or apartment style buildings. Those living in the residence halls do not have kitchen facilities and are required to purchase a meal plan. Students living in the apartments have kitchen space and also have the option to purchase a supplementary meal plan to use in the campus dining center. All students should expect to share a room.

Descriptions of the various housing options are available on our Campus Life website. Accommodations will be assigned based on space. However, if exchanges students have a preference about which style housing they would prefer, they should submit that information with their application. We cannot guarantee that student will be placed in their preferred housing.





MEALS

All students have the option to purchase a [meal plan](#) and students residing in the residence halls are required to do so. Students are also able to purchase “Splash Cash” to use at cafes on campus. Students living in apartments will be responsible for purchasing their own groceries at local stores.

BILLING

Exchange students are billed for room and board directly by Le Moyne College. There are three ways for students to pay their Le Moyne bill. Payments can be made by check, electronic check, or through an online system called Flywire. Information about how to pay bills will be provided after acceptance.

“Firstly, if they are feeling nervous, it’s totally normal. It’s a scary experience moving abroad to a new place where you don’t know anyone and are attending a college where you’re put in a situation to meet new professors, and students.”

CAMPUS OFFICES AND SERVICES

Le Moyne College offers numerous services and programming to support students during their time on campus. This is a snapshot of some of the offices and opportunities available.

CAMPUS LIFE

The Campus Life and Leadership Office is the home of campus activities, residence life, and dining. The Office is located on the 2nd floor of Campus Center, which hosts the main dining center, the campus pub, and event space. This is also the office where students will check-in on campus to receive their student ID card and residence keys.

CAMPUS MINISTRY

Rooted in the Catholic tradition and guided by the spirituality of St. Ignatius of Loyola, the Office of Campus Ministry serves the religious and spiritual needs of the Le Moyne College community. Campus Ministry dedicates itself to the Jesuit ideal of cura personalis (care for the whole person) and cultivates the formation of people for and with others. Campus Ministry welcomes and serves persons of all religious affiliations and faith traditions.

HEALTH AND WELLNESS

The Wellness Center for Health and Counseling provides both medical and mental health support to students on campus. All incoming international students will need to provide immunization and health reports prior to arriving on campus. These will be uploaded through the Wellness Center portal.

RECREATION

All students have access to the Recreation Center, which includes free weights, cardio space, and court space. Additionally, numerous opportunities exist near campus and in the larger community for outdoor recreation. Finally, we hope exchange students will enjoy cheering on the Dolphins by supporting the College's many NCAA athletic teams.

CAMPUS OFFICES AND SERVICES

REGISTRAR

The Office of The Registrar the campus community with support and information regarding course enrollment, registration, degree evaluation and certification, and transcript and diploma services. Upon arrival at Le Moyne, exchange students will be provided with instructions on how to ensure their transcript is sent to their home institution at the conclusion of their study.

SECURITY

The primary function of the Campus Security is to offer an environment conducive to personal and academic development for students, staff and faculty through service and prevention. The office strives to achieve these goals through conspicuous and covert patrol, ethical and professional investigative procedures, education of the public and constant training of department personnel. Students can reach Campus Security by calling 315-445-4444, emailing security@lemoyne.edu, or visiting their office in the basement of Nelligan Hall.

STUDENT SUCCESS CENTER

The Student Success Center provides support to students including academic support and tutoring as well as advising and major exploration for matriculated students. They also develop and implement orientation and college programming for domestic and international students to prepare students for their studies and introduce them to other campus resources.

TECHNOLOGY SUPPORT

Information Technology supports the campus technology needs of our students, faculty and staff. We support the administrative systems of the college, instructional computing, campus residential network, technology user support, plus hardware and software. After acceptance to the College, students will be provided with a Le Moyne email address and user ID. This information will provide access to numerous College systems.

CAMPUS CLUBS AND EVENTS

Students are encouraged to explore the numerous student clubs on campus. Covering a wide variety of topics, students can visit the Club Fair at the beginning of the semester to discover ways to get involved on campus.

In addition to the student clubs, Le Moyne students have the opportunity to attend events throughout the semester. From academic talks to trivia nights to concerts to seasonal events, students at Le Moyne find there is always something to do. Upon arrival, students are enrolled in CampusGroups, the online hub for student clubs and campus events.

I feel very lucky to have met so many amazing people during my time at Le Moyne including my 2 best friends: one of which was another international student I met day one on campus and the other was one from my home university who also studied abroad at Le Moyne and who gave me advice and put my mind at ease before I left home..





MEDICAL CARE AND INSURANCE

Visiting exchange students are required to have international health insurance for the duration of their studies in the United States. Insurance is not provided through Le Moyne College, but students are able to purchase policies through [ISO International Student Insurance](#) or [ISI International Student Insurance](#) independently. These sites also provide information about the U.S. medical system.

The Wellness Center for Health and Counseling provides medical and mental health support to Le Moyne students and is located on campus. Students are required to submit an [Immunization and Health Report](#) prior to their arrival on campus. This form must be completed with a health care provider.





MONEY AND PRACTICAL MATTERS

BANKING AND COST OF LIVING

There are a number of banks available in town and the Office of Global Education can assist students in opening an account. Students may need a letter from the office as well as identification in the form of passport, visa, student ID. Nearby banks include:

- Chase Bank, 4425 E Genesee Street Syracuse, NY 13214
- Key Bank 6570 Kinne Road Dewitt, NY 13214 (ATM on campus in the Grewen Hall Dolphin Den)
- M&T Bank, 3401 Erie Boulevard East Syracuse, NY 13214

Outside of room and board expenses, estimates of personal expenses including books, transportation, and miscellaneous expenses are available on the [Le Moyne College website](#).



TRANSPORTATION



Many students spending a semester at Le Moyne College are used urban settings that include prevalent public transportation and easily walkable shopping districts. While Le Moyne College is not located far from shopping areas or downtown Syracuse, the city is best traversed with a car. Students should not plan to walk to grocery stores or restaurants from campus. However, many students do have cars on campus and include international students in their shopping and recreation plans.

The Campus Life Office also runs weekly shuttles to shopping locations. Additionally, students may use rideshares such as Uber or Lyft or Centro, the Syracuse city bus system.

During orientation, the Office of Global Education coordinates shopping shuttles to help students purchase items needed on arrival.

***Syracuse is a great location!
There was always
something going on from
football games to state
fairs. We also never ran out
of things to do from weekly
trips to Target and trips
downtown to try new
restaurants!***

PHONE

The Office of Global Education may be able to provide you with a SIM card for your phone upon arrival. Other options include purchasing a phone and/or plan from a cell phone provider. Some options include:

- T-Mobile, 315-800-5406 or 315-424-0375
- Verizon, 800-880-1077 or 800-837-4966
- AT&T, 315-445-3051

SHOPPING

A variety of grocery stores exist the Syracuse area, all with different layouts and price points. Here are some of the ones located relatively close to Le Moyne:

- ALDI, 2015 Erie Boulevard East Syracuse, NY 13224 and 6820 East Genesee Street Fayetteville, NY 13066
- Price Chopper, 2515 Erie Boulevard East Syracuse, NY 13224
- Tops, 4410 East Genesee Street Syracuse, NY 13214
- Trader Joe's, 3422 Erie Boulevard East Syracuse, NY 13214
- Wegmans, 6789 East Genesee Street Fayetteville, NY 13066

The Office of Global Education can also assist students in identifying international grocery stores if desired. Students may also enjoy going to the Central New York Regional market, which includes a year-round farmers market on Saturdays from 7:00 am -2:00 pm. The market is located at 2100 Park Street Syracuse NY 13208.

Department stores are a great option for items for residence halls or apartments. Please note that there may be multiple locations in the area for each store and this list includes the location closest to Le Moyne.

- Target - also includes some groceries, 340 Towne Drive Fayetteville, NY 13066
- Walmart - also includes some groceries, 6438 Basile Rowe East Syracuse, NY 13057
- Destiny USA Shopping Mall, 1 Destiny USA Drive Syracuse, NY 1320



LIFE IN SYRACUSE

WEATHER

Syracuse is host to four distinct seasons and depending on which semester students are studying at Le Moyne College, they will experience various weather fluctuations.

The fall semester begins in late summer and students will experience very warm temperatures. By late September and early October, temperatures will begin to drop and students will likely want jackets, warmer clothes, and raingear. Syracuse is one of the snowiest cities in the United States, averaging almost 125 inches of snow each year. This snow can also come with freezing temperatures. Boots, hats, mittens, and warm coats are necessary throughout the winter. November through March are the coldest and snowiest months, although snow can arrive earlier and it is not uncommon for snow to fall in April. By the end of the spring semester in mid-May, the region experiences spring rains and warming weather. Students should either pack clothes for varied temperatures or plan to purchase them after arrival.

CITY OF SYRACUSE

Syracuse, NY is the fifth largest city in the state and offers activities and events spanning arts and culture, history, outdoor recreation, shopping, dining and nightlife. Students are encouraged to explore Syracuse and the surrounding area to learn about the unique region of Central New York. The Office of Global Education organizes some outings and is open to student suggestions as well. Please see [Visit Syracuse](#) information about events and activities around town.

